



## Volunteer 'About Me' Questionnaire

Name: \_\_\_\_\_

Preferred Name/Nickname (if any):  
\_\_\_\_\_

How long have you been volunteering with us?

☐ New volunteer ☐ Less than 6 months ☐ 6 months–1 year ☐ Over 1 year

### Getting to Know You

1. What inspired you to volunteer with Loudoun Volunteer Caregivers?

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What types of volunteer roles are you most interested in?

- ☐ Medical Appointment transportation ☐ Non-medical transportation  
☐ Friendly visiting ☐ CARE-A-VAN support ☐ Phone check-ins ☐  
Transportation ☐ Care-a-van Assistant ☐ Food Delivery  
☐ Companionship ☐ Household Assistance/Chores ☐ Errands  
☐ Office/Clerical ☐ Events/Fundraising ☐ Teen Volunteer

☐ Money Management   ☐ Flexible / willing to help where needed

2. What days or times are you typically available?

☐ Weekdays   ☐ Weekends   ☐ Mornings   ☐ Afternoons   ☐ Evenings

Additional availability info we need to know?

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### **A Little More About You**

3. What languages do you speak? \_\_\_\_\_

4. What are a few hobbies or interests you enjoy? (Examples: reading, gardening, walking, cooking, music, pets, crafts, sports, etc.)

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5. Do you have any special skills or experiences you'd like us to know about?

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6. What do you enjoy most about volunteering?

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### **Just for Fun!**

What's your favorite book (or one you've enjoyed recently) and what did you like most about it?

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If you could instantly master any skill or talent, what would it be and why?

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